

Patricia White's
EXEMPLARY HOMECARE

Care at home after hospital discharge



Contents

Planning a safe and supported return home.....4

Reablement and short-term recovery support.....6

Visiting care or live-in care?.....10

Why Patricia White’s?.....14



Planning a safe and supported return home

Leaving hospital can be both a relief and a worry. The familiar surroundings of home are welcome, but the transition may leave you or your loved one feeling uncertain.

At Patricia White's, we understand that the journey to recovery doesn't end when you leave the hospital. Our care after hospital discharge service is designed to ensure a smooth transition from hospital to home, providing the support needed to help you recover comfortably at home.

WHAT IS HOSPITAL DISCHARGE CARE?

Hospitals often provide a discharge planning service to ensure individuals return home with the right support. We help with everything from medication prompting and personal care, like washing and dressing, to light cleaning, meal preparation and even taking you to appointments.

Our goal is to support you with the little things so you can focus on getting better in the comforts of home.



“Whenever I speak with the team about care requirements for my mother, I always feel that they have time for me and will go the extra mile to provide a first class service. Very friendly and professional.”

PATRICIA WHITE’S CLIENT



Reablement and short-term recovery support

Following a hospital stay, some people benefit from reablement care, which is a short-term service designed to restore confidence and ability with everyday tasks such as washing, preparing meals or moving around the home.

Being discharged from the hospital is a crucial step in ensuring a smooth transition for you or loved one as you prepare to return home and continue the recovery journey with the right level support.

Most hospitals have a discharge planning team who are responsible for ensuring that individuals are sent home safely, with the appropriate help.

The discharge team will complete an assessment to see what support is needed, by assessing the level of readiness for discharge and develop a comprehensive discharge care plan that addresses their medical, physical, emotional and social requirements.

Our carefully matched, experienced carers provide support with:

- Medication reminders and support
- Help with personal care, using the toilet, commode or toilet aids
- General housework, including cleaning, ironing and washing up
- Washing and drying clothing, bedding and towels
- Prescription collection and delivery
- Collecting and delivering allowances and pension benefits
- Accompanying clients to appointments
- Preparation of nutritious, homemade meals
- Assistance with washing, oral hygiene and shaving
- Help with dressing and undressing
- Moving and transferring clients in and out of bed

Visiting care or live-in care?

At Patricia White's, we understand that no two individuals are the same - each person's care needs, lifestyle and preferences are unique.

That's why we offer two flexible care options:

- Visiting care
- Live-in care



VISITING CARE

Visiting care is ideal for those who want to maintain their independence but could use a helping hand with everyday tasks. Whether it's a short visit once a day or multiple check-ins throughout the week, our visiting carers offer reliable and personalised support to suit your schedule.

What visiting carers can help with:

- Personal care, including bathing, dressing and grooming
- Meal preparation and support with eating
- Medication reminders and monitoring
- Light housekeeping, laundry, and shopping
- Mobility support and help with exercise routines
- Companionship and emotional well-being
- Escorting to appointments, social events or errands

Each visit is carefully planned around your needs and preferences. You choose the times and frequency, and we provide the reassurance that someone you trust will be there.

LIVE-IN CARE

Live-in care provides continuous, round-the-clock support from a dedicated carer who lives in your home. It's a perfect option for those with more complex care needs, or for families seeking peace of mind knowing their loved one has consistent, attentive support.

Live-in carers provide:

- Full personal care and hygiene assistance
- Help with medication and medical routines
- Support with mobility and transfers
- Meal planning, cooking, and household tasks
- Emotional support and meaningful companionship
- Help with cognitive conditions such as dementia
- Overnight supervision and safety reassurance

Your live-in carer is matched with you not only for their skills and experience, but also for their personality—ensuring a respectful, trusting relationship.

WHICH OPTION IS RIGHT FOR YOU?

Both services are completely tailored to your individual needs. Visiting care offers flexibility and independence, while live-in care provides stability and continuous assistance for more complex situations.

If you're unsure which service is right for you or a loved one, our experienced team is here to help. We'll take the time to understand your situation and provide clear, compassionate guidance every step of the way.

Why Patricia White's?

When it comes to selecting a home care provider for yourself or a loved one, making the right choice is paramount. The quality of care received can significantly impact health outcomes, daily comfort and overall peace of mind. Patricia White's has been a trusted name in the field of home care for over 30 years, offering a unique blend of professionalism, compassion and reliability.

OVER 30 YEARS OF EXPERIENCE

Founded in 1989, Patricia White's has a long-standing legacy of introducing high-quality, compassionate care workers, earning the trust of families and healthcare professionals across the UK.

RAPID CARE PLACEMENT

Patricia White's can place a live-in care worker in your home within 24 hours—ideal for urgent care needs or hospital discharges.

BESPOKE MATCHING PROCESS

Care workers are matched to clients based on personality, care needs and lifestyle preferences, creating genuinely compatible and long-term support relationships.

SELF-EMPLOYED, VETTED CARE WORKERS

As an introductory agency, Patricia White's introduces only fully vetted, highly experienced, self-employed care workers giving clients choice and control over their care arrangements.

NATIONWIDE LIVE-IN CARE, LONDON VISITING CARE

Offering live-in care throughout the UK and visiting care across Central London and North Surrey, Patricia White's provides flexible solutions tailored to a wide range of care needs and requirements.

PART OF THE TRINITY HOMECARE GROUP

Patricia White's benefits from the support and reputation of being part of an award-winning home care group, rated 'Outstanding' by the CQC. Meaning clients can transfer over to Trinity Homecare (parent company) when care needs become more complex and need to be fully managed by an agency.



What next?

The standards set by Patricia White 30 years ago still remain today. Call our experienced team today on **01293 224 706** to discuss your home care needs and receive a free no obligation quotation.

Or feel free to send us a message using our online enquiry form **[patriciawhites.co.uk](https://www.patriciawhites.co.uk)** and a member of our expert care team will get back to you as soon as possible, typically within 24 hours.







Patricia White's

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